

# NZOIA Instructor Syllabus

## Sea Kayak Level 1

### SCOPE

For those who instruct clients to become competent sea kayakers including the skills and knowledge contained in the Proficiency Award.

#### 1. SKILL AND EXPERIENCE - PRE-REQUISITES

1.1.1 Prior to the assessment, candidates are required to submit evidence of the following:

**Completed the self assessment evaluation form**

Sea Kayak Guides Award Completed

1.1.2 Additionally:

- 35 personal days sea kayaking must include 2 trips of 3 days or more in duration. Moving from Lodge to Lodge is acceptable.
- 30 days formal instruction/teaching sea kayaking (this must include a minimum 20 sessions teaching rescue training; must include rolling, practical and theory skills sessions At least 2 multiday teaching/instructing trips
- The NZOIA Sea Kayak Instructor will hold a current First Aid Certificate (Outdoor First Aid recommended) issued within the last three years.
- Boatmasters Course

These are minimum requirements; extra days are advised so that a broad spectrum of variables are experienced.

**In the following areas the Sea Kayak Instructor will be expected to:**

#### 2. ENVIRONMENTAL CARE

##### Element - “Enhance personal and group knowledge of the sea kayaking environment”

- Demonstrate/teach/instruct knowledge of local cultural considerations.
- Demonstrate/teach/instruct an understanding of how sea kayaking developed as a sport.
- Demonstrate/teach/instruct knowledge of environmental ethics and role model these.
- Demonstrate/teach/instruct an appreciation of relationships with other recreational water users.
- Demonstrate an awareness and consideration of relevant access issues at a given site.
- Demonstrate knowledge of legislation relevant to kayaking.

#### 3. CLOTHING AND EQUIPMENT

- Refer Proficiency Award  
– must be able to demonstrate and teach to role model standard.

## 4. SEA KAYAK SKILLS

- Refer Proficiency Award
- must be able to demonstrate and teach to role model standard

## 5. LEADERSHIP AND INSTRUCTING

**Element** - Provide an enjoyable and stimulating learning experience for a group.

### 5.1 Leadership

- 5.1.1 Demonstrate an awareness and sensitivity to the cultural needs of a given group.
- 5.1.2 Demonstrate an effective and full group briefing and debriefing.
- 5.1.3 Demonstrate the leadership style and listening skills most relevant to a given groups needs.
- 5.1.4 Organise and motivate a group/individuals in a sea kayak environment.
- 5.1.5 Organise and control a group effectively during a given emergency.

### 5.2 Instructional Techniques

- 5.2.1 Prepare a lesson plan and deliver this lesson for any given sea kayak skill contained within the Proficiency award to a given audience.
- 5.2.2 Demonstrates ability to seize teachable moments and impart an awareness of nature - its participants and processes.
- 5.2.3 Select and prepare venue, equipment as required for a given lesson
- 5.2.4 Present a given lesson that includes an introduction, uses appropriate voice, language, body language, teaching/visual aids demonstrations and evaluation of learning.
- 5.2.5 Demonstrate a wide knowledge and skill of given topic
- 5.2.6 Facilitate an effective group discussion that:
  - Creates a participative open tolerant learning environment
  - Group discussion may use Self evaluation and Peer review that
  - creates a participative open, tolerant learning environment
  - manages unacceptable behavior effectively
  - deals with expressed fears and anxieties effectively
  - encourages enthusiasm, interest and learning.

## 6. RISK AND CRISIS MANAGEMENT

**Element** - Enhance personal and group safety in a sea kayak environment.

- 6.1.1 Demonstrate the ability to adjust plans when the environment dictates.
- 6.1.2 Demonstrate the concepts and principles of managing risk during a given sea kayak trip.
- 6.1.3 Describe procedures used in the event of - a given accident or illness in the party, party member being missing, party becoming lost.
- 6.1.4 Is familiar with the use of and can describe the pros and cons of different methods of communication. (range = Mountain Radio Service, VHF, signals, cellphone).
- 6.1.5 Describe how the Search and Rescue system works.
- 6.1.6 Describe the prevention, symptoms and remedies for - dehydration, hypothermia, hyperthermia, sunburn, allergic reaction, blisters.

# Sea Kayak 1 - Self Assessment Evaluation

– to be submitted with assessment application.

Name: .....

Self Review Questions	Circle your answer
Have you; 1. Considered whether the days on your log book are quality and not just based on quantity?	Yes / No
2. Completed a Sea Kayak Guides Award?	Yes / No
3. Meet the total minimum requirements of days?	Yes / No
4. Completed 35 or above days on personal sea kayak trips?	Yes / No
5. Managed to do your personal days in a range of locations, conditions?	Yes / No
6. Completed 30 days formal instruction/teaching sea kayaking (this must include a minimum 20 sessions teaching rescue training; must include rolling, practical and theory skills sessions At least 2 multiday teaching/instructing trips?	Yes / No
7. Completed your experience under a range of locations, conditions?	Yes / No
8. Am I <b>really</b> Ready for this exam?	Yes / No
9. Got more than the minimum days required? <b>(This IS recommended)</b>	Yes / No
10. Completed an approved first aid certificate?	Yes / No
11. Passed a Coastguard Boatmasters or higher marine qualification?	Yes / No
12. Attended a Risk Management Course?	Yes / No

Signed: .....

Date: ..... / ..... / .....