

KASK Sea Kayak Training Proficiency Information

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Overview of KASK Sea Kayak Training

by Susan Cade (27 Sept 2003)

Background

Following a call from members for more training opportunities, KASK decided it was timely to develop a more comprehensive training approach aimed specifically at recreational sea kayakers. This builds on the significant work already done by KASK with leadership training and specific skill training. The need for this training was reconfirmed at the AGM at the Whites Bay Forum and KASK is addressing this on a number of levels.

To date there has been a lengthy process involving extensive liaison with many parties and obtaining feedback and opinions from KASK members. This has resulted in a memorandum of understanding being signed by KASK, the Sea Kayak Operators Association of NZ (SKOANZ) & the NZ Outdoor Instructors Association (NZOIA). The purpose of this document is to show willingness by the three organisations to work together and develop an all-embracing set of assessment standards for sea kayakers in New Zealand. Each organisation would be primarily responsible for its respective sector; KASK for recreational sea kayakers, NZOIA for professional instructors and SKOANZ for commercial guides.

Gareth Hare was appointed by the Aviation, Tourism & Travel Training Organization (ATTTO) to support KASK in getting the training for assessors and the proficiency standards formalized and on the NZ Qualifications Authority (NZQA) framework.

The KASK Committee identified the following goals : -

- To promote safety standards within its membership.
- To provide opportunities for training in sea kayaking skills, knowledge and leadership.
- To provide a seamless training pathway for KASK members to structure their training should members so desire and to increase the skills of those interested in

training others.

- For KASK to have a strong voice in supporting the interests of its members and the wider recreational paddling community.
- To provide the opportunity for KASK members to receive nationally recognised certificates of their skills.

The Sea Kayak Proficiency Awards

The New Proficiency Awards are made up of five proficiency NZQA standards -

1. Prepare and demonstrate sea kayaking skills
 2. Rescue skills
 3. Knowledge & maintenance of equipment
 4. Skills for and completion of, day & multi-day trips
 5. Rolling
- This allows the opportunity for KASK members to receive certificates of recognition for these NZQA units.
 - The initial stage is to develop a group of KASK members as trainers with skills in teaching and to develop an assessment process.

A Co-ordinated Approach

See The Co-ordinated Approach To Training

KASK is developing this training structure in the full understanding that members can improve their skills in whatever way they choose. Any recognition or assessment through KASK is an optional component.

It is envisaged that a number of training opportunities will be developed in time, as well as strengthening those currently in place.

I welcome any feedback or questions. I am grateful to those who have had input into this.

For further information on this project, visit the KASK website or contact -

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Susan Cade

KASK Training Co-ordinator

The Co-ordinated Approach To Training

KASK Supported Training covering the following areas -

- Basic skills/knowledge
- Stroke skills
- Rescue skills
- Rolling
- Surf training
- Leadership skills
- Expedition knowledge
- Safety training
- Navigation

NZOIA, SKOANZ, KASK, Sea Kayak Proficiency Award

(This is made up of NZQA unit standards but it is a stand-alone award)

Training by the Royal N.Z.Coastguard Federation Education Service

For example -

- Marine VHF Operators
- Day Skipper
- Boatmaster
- Marine Medic Course
- Rescue Liaison and Practices

First Aid Qualifications

For example through -

- St Johns
- Red Cross
- Mountain Safety Council
- Coast Guard

On-going links and/or working relationships with organizations such as -

- MSA
- WSNZ
- ATTTO
- SKOANZ
- SFRITO
- NZOIA
- NZQA

Other Sea Kayaking Training Provided by -

- SKOANZ Level 1 Guides
- NZOIA Instructors courses

Preparation for sea kayaking and demonstration of sea kayaking skills.

Assessment Summary for Unit Standard 19428, Level 3, Credits 10, Version 1

1. Preparing for sea kayaking

Selection of Clothing, Personal Gear and Equipment in accordance with -

- Comfort
- Fit
- Suit conditions
- SKOANZ code of practice

Including -

- Sea kayak
- Split paddle
- Buoyancy aid
- Spray deck
- Pump
- Means of self rescue
- Selection, storage and maintenance of safety equipment

2. Care and transport of sea kayaks and equipment

- Checking for wear and damage
- Transport of kayaks and equipment safely
- Roof rack and trailer use
- Tying down
- Launching and retrieving a sea kayak from the water without damage

3. Demonstrate paddle strokes

For both single sea kayak and double sea kayak.

Maintain control of the sea kayak with and without the use of a rudder -

- Forward and reverse power strokes
- Forward and reverse sweep strokes
- Draw strokes
- Touring strokes
- Demonstrate a brace that rights a sea kayak from the point of capsize
- Bring the sea kayak to stop from a fast paddle within two boat lengths or 3-4 paddle strokes
- Demonstrate an effective stern rudder from both sides
- Demonstrate, in both directions, a controlled broach (side surfing) using a safe brace
- Avoid obstacles using appropriate strokes and boat control including railing/edging

4. Demonstrate landing and exiting from beaches

Launch and land on a beach in the sea kayak, demonstrating control at all times.

Demonstrate rescue procedures for sea kayaking

Assessment Summary for Unit Standard 19429, Level 4, Credits 10, Version 1

Demonstrate a paddle float self rescue maintaining contact with equipment at all times.

Demonstrate an unassisted self rescue within two minutes

One of the following -

- Re-entry and roll
- Leap-frog (also called the *John Wayne* or *Lone Ranger*)
- Kick, slide, twist

Demonstrate the rescue of both a single sea kayak and a double sea kayak with -

- A weak swimmer unable to help themselves
- A strong swimmer

With -

- People and equipment in contact at all times
- Physical safety maintained
- The sea kayak stable on re-entry

Prioritize and justify actions with relation to the prevailing conditions.

Demonstrate knowledge of “Help” and “Huddle” positions.

Demonstrate knowledge of and maintain equipment used for sea kayaking

Assessment Summary for Unit Standard 19430, Level 4, Credits 10, Version 1

1. Demonstrate knowledge of equipment used for sea kayaking

Describe safety equipment used for sea kayaking in terms of its use -

- Signaling devices (range & use of - strobes, dye, flares, mirrors, flags)
- Electronic communications equipment
- Global positioning system (GPS)
- Charts and topographical maps
- Compass

Describe kayaks in terms of their design features, uses and limitations -

- Single sea kayak
- Double sea kayak
- River kayak
- Multi sport
- Sit-on-top
- Open canoes

Describe sea kayak equipment in terms of design and uses -

- Paddles
- Split paddles
- Buoyancy aids
- Spray decks
- Pumps
- Paddle float
- Stirrups
- Whistle
- Clothing
- Emergency equipment

2. Maintain equipment used for sea kayaking

Identify types of potential damage and repair worn and damaged equipment.

Carry out field repairs to maintain kayaks and equipment in a safe and functional state in accordance with the following standards -

- Quality and Tourism standards
- The SKOANZ Code of practice

Sea Kayak Trips

Assesment Summary for Unit Standard 19431, Version 1

Complete one day and multi-day sea kayak trips with peers, in close proximity to landing sites.

Roll a sea kayak

Assessment Summary for Unit Standard 20158, Level 2, Credits 2, Version 1

Roll a sea kayak

A single roll has to be successfully completed, consistently and confidently between waves with the paddling position and readiness regained promptly on completion of the roll.

Abbreviations

ATTTO – Aviation, Tourism and Travel Training Organization

Has been established in accordance with the terms of the Industry Training Act 1992. Recognition as an Industry Training Organization gives ATTTO, under section of the Industry Training Act 1992, responsibility for effectively and efficiently:

- setting the skill standards for the industry
- developing the arrangements for the delivery of training (on and off the job)
- developing the arrangements for the monitoring of training and assessment of trainees (on and off the job)
- provide leadership within industry relating to skills and training needs by -
- identifying current and future skill needs
- developing strategic training plans to assist the industry to meet those needs
- promoting training that will meet those needs to employers and employees

KASK - Kiwi Association of Sea Kayakers

NZOIA - New Zealand Outdoor Instructors

Goals -

Promoting the highest standards of conduct, safety and instruction
Providing quality information and services in a cost effective way
Strengthening relationships within the wider outdoor community

Objectives -

To grow and maintain our professional membership
To promote and safeguard standards of professional practice
To provide sequential training and leadership for outdoor leaders
Representing the interests of our membership by fostering relationships within the outdoor community
To be actively involved in the enjoyment and conservation of our environment

NZQA - New Zealand Qualifications Authority of New Zealand

Was established to provide an overarching role in quality assured qualifications and to co-ordinate national qualifications in New Zealand. It deals with the provision and quality of qualifications and works in partnership with all education providers and national groups representing education and training in industry and business.

NZQA does not deal with the school curriculum or funding for education and training.

NZQA is a Crown Entity established under the Education Act 1989.

The Authority is appointed by the Minister of Education, and is accountable through the Minister to Parliament.

MSA - Marine Safety Authority Of New Zealand

MSA's principal objective is to undertake activities that promote a safe maritime environment and provide effective marine pollution prevention and an effective marine oil pollution response system, at reasonable cost.

SFRITO - Sports, Fitness and Recreation Industry Training Organization

Responsible for the sport, fitness, community recreation, ski and outdoor recreation sectors and Ngā Mahi ā Te Rēhia. It is an official organisation responsible for setting standards and developing qualifications for our industry.

More specifically -

- Setting national skill standards for our industry
- Developing training arrangements for employers - these become training agreements between the trainee and the employer
- Subsidizing training by paying for credits achieved
- Monitoring quality of assessment in both education providers and workplace assessors

SKOANZ - Sea Kayakers Operating Association Of New Zealand

The principal objective is to promote the interests of sea kayak operators within a framework of the highest possible standards of safety, environmental care and social responsibility.

The development of sea kayaking skills and standards within the industry.

WSNZ - Water Safety New Zealand (Inc)

The national organisation responsible for ensuring that all New Zealanders are safe in and around water - at home, in public pools, at the beach, in lakes, in rivers or out at sea. WSNZ's vision is to ensure everyone in New Zealand will have the water safe attitudes and skills and exhibit the necessary behavior to use and enjoy our water environments safely. Their core philosophy is achieving water safety through education. WSNZ is committed to leading, profiling and achieving water safety in New Zealand through education, training and development, and actively promoting water safety awareness.