



5 DAY KAYAK AND SAILING PROGRAMME

DUKE OF EDINBURGH'S HILLARY AWARD

The aim of the adventurous journey is to encourage a spirit of adventure and discovery. Our aim of this aspect of the DOE award is to encourage young people to develop an awareness of the environment and the importance of protecting it. The 5 day Kayak and Sailing Programme meets the requirements for the practice and qualifying journey for Silver Award and practice journey for Gold Award for the Duke of Edinburgh's Hillary Award.



SAILING AND KAYAKING ADVENTUROUS JOURNEY



The first two nights will be spent on the water with Auckland Sea Kayaks, where students will learn how to kayak and camp in a safe, fun and supportive environment. They will get the opportunity to lead and be led by their fellow peers under the guidance of an experienced and qualified instructor. They will also put to use their map reading and navigational skills, follow Leave No Trace and gain understanding for how each of the 7 principles applies to the present environment and their day to day lives. The following two nights will be spent sailing on either Lion New Zealand, or Steinlager 2. These boats are significant to New Zealand

sailing history and were sailed around the world by Sir Peter Blake in the Whitbread Round the World Yacht Race. Everybody on board will have the opportunity to learn to sail the boats, help with the preparation of meals and sleep aboard. They will be put into a watch rotation system to learn about different aspects of sailing, put into practice reading the weather, plan our destination and to work together to sail the boat to that destination. We engage everyone in beach clean ups, raft building, problem solving or communication activities to further develop skills and enhance personal growth.



Minimum requirement to participate

All participants would be required to have completed the online Preparation and Training requirement for an Adventurous Journey and attend Online Preparation and Training requirements Zoom meeting prior to first day of departure.

Dates and costs

11th to 15th January 2021

\$1175 per person

Cost includes all kayak equipment, sailing vessel use of sailing waterproofs, experienced instructors, assessors and skippers, food while sailing. Accommodation is camping while kayaking and on board the yacht.

BOOK AT:

www.nzsailingtrust.com/doe-hillary-award or www.aucklandseakayak.co.nz/the-duke-of-edinburgh-award-adventurous-journey

For more information email info@nz sailingtrust.com or info@aucklandseakayaks.co.nz

SILVER Ages 15+	6 months	6 months	6 months	3 days / 2 nights Plus training and at least one practice journey (these requirements increase for direct entrants)	GOLD ONLY
	Averaging at least one hour per week on each Section, plus a further 6 months in one of the Service, Skills or Physical Recreation Sections if you haven't already completed Bronze				
GOLD Ages 16+	12 months	12 months	12 months	4 days / 3 nights Plus training and at least one practice journey (these requirements increase for direct entrants)	5 days / 4 nights
	Averaging at least one hour per week on each Section. If you haven't already completed Silver, you must complete two sections for 12 months, and a third section for 18 months				